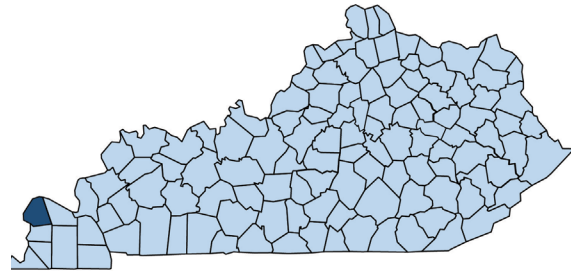


REPORT TO THE PEOPLE



Ballard County 2021



DID YOU KNOW... Ballard County 4-H has provided 1,149 engaging Grab-N-Go bags, for youth and families.



Website: ballard.ca.uky.edu



Facebook: @BallardExt



Instagram: @Ballard4h



Twitter: @Ballard4h



YouTube: Ballard 4-H

For More Information, Please Contact us at:

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4-H Youth Development



food collage made by 21st Century students

- 86 Number of youth who demonstrated a skill that was learned or improved by participating in 4-H natural resource programming (PRACTICE)
- 6 Number of youth who completed resume or interview through 4-H program

Agriculture and Natural Resources

In 2021, the election for the Farm Bill became a yearly decision. FSA had a deadline of March 15 for farmers to sign up the 2021 crop year. This agent along Dr. Greg Halich from Ag Economics used information from Kansas State University, University of Illinois and Texas A&M to develop a PowerPoint presentation to train Kentucky agents to help FSA with grower education. Due to the unprecedented rise in commodity prices through the harvest season, the decision farmers needed to make for Corn, Wheat and Soybeans was likely to have changed for this year from previous crop years. To educate a wider audience, this agent used help from Ky Soybean Association staff, Becky Kinder and Rae Waggoner to make a Zoom presentation of the decision-making process. This video was then hosted on the Ky Soybean Association with a link sent to all Ky Ag Agents. Links were also provided to Ky Corn Growers and Ky Small Grain Growers for use on their websites.

Ballard County has had 45 youth involved in after-school nutrition education classes through the 21st Century after-school Program. We have had fifteen K-1, fifteen 2-3 and fifteen 4-5 graders. They rotate through the class every three weeks. We have focused on where our food comes from, food groups, serving sizes and they are applying what they have learned by each of them making a MyPlate of their own and then a menu for a day of their own. Each lesson also includes physical activity. We used, or adapted, lessons from Professor Popcorn. We have varied the lessons to be an age-appropriate lesson to teach these topics. They youth excel at identifying foods and whether they come from plants or animals. They are proficient at identifying foods and the appropriate food group. And they enjoy applying what they have learned by making their own MyPlate and menu for a day.



ANR agent Tom Miller giving Zoom Presentation

- 60 Number of producers who used diagnostic services to identify insects, disease and/or weeds
- 55 Number of producers incorporating increase knowledge of farm bill programs in enrollment decisions

Family and Consumer Sciences



Laugh and Learn Kit participant learning about bugs and butterflies.

12455

Number of hours KEHA members volunteered in Community Service (non-Extension) activities/events

75

Number of businesses reached through Extension programming

Horticulture

Fifty-seven youth with diverse backgrounds were educated on agriculture through the 21st Century After School Program Summer Enrichment opportunity. 4-H agent worked with the 21st Century Program Director on the schedule and recruited all the presenters. One hundred percent reported learning something new about the world of agriculture. Youth spent the first week learning all aspects of agriculture including horticulture and transplanting plants; animals on the farm; where wool comes from and uses of it; soil profiles; bees and beekeeping; agriculture related math; the limited resource, soil, for growing our food; and sun safety. Extension professionals from Graves, Calloway, McCracken, Livingston, and Ballard all participated in organizing or teaching at the Ag Fun Day culminating event. Other professionals helping with from River Valley Credit, the Ballard County Soil Conservation Service, Ballard Memorial FFA and Ballard 4-H.

Kentucky has broken school readiness down into five domains: physical and motor development; social and emotional development; approaches to learning; language development; and cognitive development. 2020 Early Childhood Profiles has Ballard County's percentage of children Not Ready for Kindergarten was 63.2% with 36.8% ready. COVID-19 pandemic presented many challenges. A way to meet the needs of the community, FCS agent offered Laugh and Learn Kits to children ages 2-5 to reinforce positive child development related to the five domains of school readiness. Families are given kits containing resources that focus on literacy and better nutrition through various activities, covering the five domains. Supplemental videos made available for families through online platforms. Parents are provided with parenting literature to encourage reinforcement of the concepts at home. Twenty participating families report an increase in building bonds.



ANR agent Tom Miller teaching youth about soil for growing our food

15

Number of participants engaged in home and consumer horticulture programming

20

Number of residents indicating a willingness to support local food markets as a result of awareness raised through Extension programming

Community Economic Development

As part of a leadership and job shadowing effort, 4-H teens completed an etiquette training. This was a total extension effort for youth. First, youth took part in resume and interview skills. Six 4-H youth job shadowed at essential businesses, primarily agricultural. Youth shadowed at grain elevator, an ag business that conducts soil testing for customers, and a pharmacy. Then youth came to the office for an etiquette lesson and catered luncheon. Representatives of the businesses were also invited. ANR and FCS agents taught the table etiquette lesson. 4-H agent organized, taught, observed, and conducted evaluation. Lesson included table etiquette, thank you notes, introducing people, meeting and greeting people, and polite conversation. Youth reported learning many new skills including how to eat soup, proper passing, and much more. Youth completed mock interviews and resumes. Four of the participants have gotten part time jobs.



ANR agent Tom Miller and FCS agent Sarah Drysdale teaching youth about table etiquette.

6

Number of youth who participated in college and career educational programs

6

Number of youth who indicated yes or usually to the Common Measures Experience Survey Question #13 is 4-H a place where you have a chance to be a leader?

... just a few ways Extension supports Kentucky

- **23,971** Kentucky youth who participated in a project, activity or event in science, engineering and technology through 4-H programming.
- **4,890** Kentucky producers adopting new technologies in agriculture production.
- **3,898** Kentucky families who supplemented their diets with foods they grew or preserved.
- **4,161** Kentuckians participating in community trail projects.

COOPERATIVE EXTENSION



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