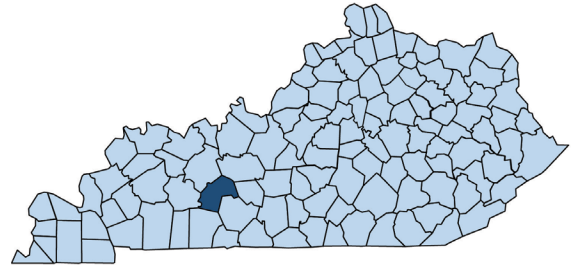


REPORT TO THE PEOPLE



Butler County 2021



DID YOU KNOW... 250 youth received garden kits to grow their own food. One used his garden to make and preserve salsa for his family



Website: butler.ca.uky.edu



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Nutrition Education



Cooking Together as a Family.

88

Number of individuals reporting overall improvement in diet quality

52

Number of participants reporting intention to eat more fruits

4-H Youth Development

We often are unaware of the positive impact of 4-H on entire families. The 4-H & Youth development Agent was approached by a mom, her kids have participated over the past 15 years. She is employed in youth work as well. She told me “4-H saved my son last year.” Like many he was having difficulty adjusting to the COVID world. He was having some adjustment issues during shut down and things were getting worse. Unaware of the specifics, just doing our jobs in the COVID world, we recruited him to 4-H bee keeping and gardening. He raised 4-H pepper kits, tomatoes, etc. He learned to can salsa and other products. He completed a dozen or more ‘grab bag’ kits from bird houses, bee hives, humming bird feeders, tool boxes, gardening kits, ice cream, cookies, salsa, and kites. His mom was just thanking us, but we helped this young man and many more find focus in the COVID WORLD.

The article, “The importance of nutrition in aiding recovery from substance abuse disorders: A review, in the Drug and Alcohol Dependence concluded,” nutrition should be an important part of the treatment of substance use disorders; however, it is not given much consideration in treatment guidelines, despite evidence that recovery outcomes can be improved by nutrition therapy and well-balanced nutrient intake.” The Butler County Nutrition Education Program Assistant partnering with Kentucky Christian Recovery, successfully addressed this with 88 individuals. The NEP Assistant taught Healthy Choices for Every Body to clientele at KCR. Upon completion 98% of the participants showed improvement in diet quality indicators. Two indicators represented 54% eat red and orange vegetables more each week and 50% eating more dark green vegetables. This outcome alone is aiding in the overall recovery of those by making healthy dietary choices.



Members of the Performing Arts Troupe, Brady Jones and Maggie Drake, performing at the State Fair.

500

The number of hours of youth or adult volunteer related education provided in the county (i.e. orientations, trainings, education workshop, club management seminars, etc)

200

Number of youth who received education related to diversity and inclusivity

Agriculture and Natural Resources



Field Day at the McKinney Farms.

24

Number of producers reporting increased profits and/or reduced risk due to farm management strategies learned through Extension programs

14

Number of producers who reported improved record keeping practices as a result of Extension programs

Family and Consumer Sciences

Children who grow up in fatherless homes have a greater risk of major challenges than those who grow up with a father at home. According to the 2019 National Kids Count data, approximately 36% of children under 18, in KY, live in a single parent home. Twenty-six percent of children live in households with a mother alone, and only eight percent live in a household with only a father. The Butler County Family & Consumer Sciences Agent worked with the Department for Community Based Services and Kentucky Christian Recovery to offer the Nurturing Parenting Program, with over 50 individuals receiving certificates. Josh, a former participant, shared, he received custody of his children, got married, had a child, bought a house and has a good paying job. He said he accomplished this by using the parenting strategies and financial management classes he received through extension.

The Extension Service produced a Virtual Field Day. The concept was to safely simulate a traditional field day and reach a diverse audience. McKinney Farms in Butler Co. produces and sells 70 acres ear corn. Other farms demonstrated strawberry production and using a beef cattle feeding pad in high traffic areas. The field day was held using the Zoom platform. After each tour segment, the 112 attendees were able to ask questions of the presenters. For several attendees and one host farm it was their first experience using zoom. 100% of the participants learned something that will benefit them. 96% rated the virtual field day as excellent. One attendee stated, "I work days and I really appreciate that the program was in the evening where I could watch it with my family and learn together."



Making Salsa.

35

Number of those who have successfully completed financial management and/or career readiness programs that will help set future goals

75

Number of individuals (parents, caregivers, grandparent, or relative) reporting improved personal knowledge

NOTHING IS OUT OF REACH.



Healthy Families. Healthy Homes. Healthy Communities.



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... just a few ways Extension supports Kentucky

- *23,971 Kentucky youth who participated in a project, activity or event in science, engineering and technology through 4-H programming.*
- *4,890 Kentucky producers adopting new technologies in agriculture production.*
- *3,399 Kentuckians who improved or maintained health from participating in gardening.*
- *3,898 Kentucky families who supplemented their diets with foods they grew or preserved.*
- *4,161 Kentuckians participating in community trail projects.*

COOPERATIVE EXTENSION



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