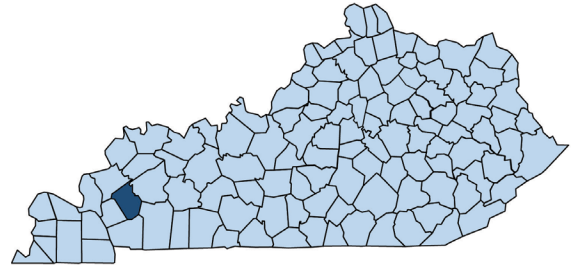


# REPORT TO THE PEOPLE



## Caldwell County 2021



**DID YOU KNOW...** The 4-H Ag Tag Program generated over \$1,000 for the youth in Caldwell County.



**Website:** [Caldwell.ca.uky.edu](http://Caldwell.ca.uky.edu)



**Facebook:** @CaldwellCountyExtension



**YouTube:** @Caldwell County Cooperative Extension Service

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## 4-H Youth Development



The Caldwell County 4-H Teen Council dedicated over 200 hours in 2020 serving the community, which included making treat bags for hospital employees.

15

Number of youth who participated in Civic Education and Engagement educational programs (PRACTICE)

35

Number of youth who were educated on health and well-being through 4-H programs (KOSA)

## Agriculture and Natural Resources

The Caldwell/Lyon Cattlemen's Association has a storied history of leadership and community support in Caldwell and Lyon Counties. Education to members, service to the community, and support through scholarships are three key areas of focus. Extension has had the pleasure of advising the membership and providing opportunities for educational and leadership development since the beginning of the association.

Since 2002, the Caldwell/Lyon Cattlemen's Association has administered \$857,000 in Phase I tobacco settlement funds to producers in Caldwell County making the total financial benefit to agriculture infrastructure in Caldwell County just over \$1,714,000. Through catering, donations, and fundraisers, the association contributes 6 scholarships per year to graduates of Caldwell and Lyon County High Schools. Through effective leadership and educational opportunities, membership has increased 25% since 2019.

When Covid-19 hit in March of 2020 4-H Teen Council was put on hold, along with all other school related activities. This pause in activity was a chance to rethink and rebuild. This group met monthly during the 2020-2021 school year, by zoom or in-person. One of the changes made, included meetings being held in the evening, instead of before school. Average attendance for monthly Council Meetings went from 62% in 2019 to 83% in 2021. Meeting in the evening, gave more quality time to work on activities.

Reorganization of the 4-H Teen Council turned out to be just what the Teen Council needed. The group is more focused on leadership development and serving our community. They follow through with tasks and work together as a team. They were not afraid to take the risk of reorganizing and have learned that change can be a good thing. As one member stated, "Now, I feel like we are getting somewhere!"



The Small Diversified Farm events educate the community on a variety of topics.

43

Number of people who increased their knowledge of Ag Policy including Farm Bill and Environmental Issues.

68

Number of people who used Extension resources to identify plant disease.



## Family and Consumer Sciences



The StoryWalk® offered participants the chance to build literacy skills while being physically active.

171

Preschool students who recognize healthy snacks.

232

Hours KEHA members volunteered in community service activities/events.

## Nutrition Education

During the COVID-19 pandemic, Caldwell County's unemployment rate increased from 5.2% in February 2020, to 14.6% in April 2020. The Caldwell County SNAP-Ed Senior Professional held online classes via Facebook Live, to teach the Healthy Choices for Every Body Curriculum to limited resource clients. Each week, the Caldwell County Nutrition Education Program Senior Assistant, would host a Facebook Live video with a different topic and resources, including food demonstrations, healthy budget friendly recipes, and overall proper nutrition.

Caldwell County Healthy Choices for Every Body Facebook Live was conducted over a seven-week period. Sixteen (16) individuals signed up for the seven-week program. Lessons taught during the class focused on Choose MyPlate, reading labels, limiting added sugars, fat, and sodium. Participants also gained knowledge in meal planning, food budgeting, and food safety techniques.

Reading regularly with children builds language, literacy, and social-emotional skills and daily physical activity promotes growth and development. The Family & Consumer Sciences Agent, George Coon Public Library, Caldwell County Preschool, and the Caldwell, Crittenden, & Lyon Community Early Childhood Council collaborated to host a StoryWalk® in Big Springs Park.

The StoryWalk® Project was created by Anne Ferguson of Montpelier, VT and developed in collaboration with the Kellogg-Hubbard Library. Storywalk® is a registered service mark owned by Ms. Ferguson. Participants were encouraged to complete tasks throughout the walk including hopping, jumping, skipping, and galloping. 84 individuals visited. 100% of survey respondents stated they were likely to read with their children at home and 96% said they would likely to incorporate movement into their story time at home.



A lot of preparation goes into making a Facebook Live Series successful!

24

Adults graduated from the Healthy Choices for Every Body SNAP-Ed program.

24

Adults demonstrated safe handling and preparation of food.

# NOTHING IS OUT OF REACH.



Healthy Families. Healthy Homes. Healthy Communities.



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*... just a few ways Extension supports Kentucky*

- *23,971 Kentucky youth who participated in a project, activity or event in science, engineering and technology through 4-H programming.*
- *4,890 Kentucky producers adopting new technologies in agriculture production.*
- *3,399 Kentuckians who improved or maintained health from participating in gardening.*
- *3,898 Kentucky families who supplemented their diets with foods they grew or preserved.*
- *4,161 Kentuckians participating in community trail projects.*

## COOPERATIVE EXTENSION



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