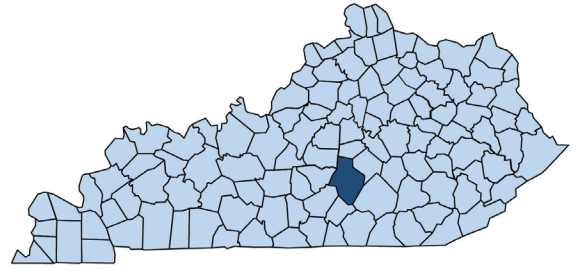


# REPORT TO THE PEOPLE



## Casey County 2021



**DID YOU KNOW...** Casey County had over 50 families participate in Earth Month Grab-n-Go Educational Kits



**Website:** <http://casey.ca.uky.edu/>



**Facebook:** '@CaseyCountyCooperativeExtensionService



**Instagram:** @casey4h

**For More Information, Please Contact us at:**

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## 4-H Youth Development



Bones one student found in their owl pellet

151

Number of youth who can identify the natural resources in their community

844

Number of youth who apply the skills learned in 4-H and in other activities at home, school or in the community

## Family and Consumer Sciences

Through this difficult times the Casey County Homemakers were not able to meet in person; however, they were tasked to make fire quilts for our community. The fire quilts is a standing service project which provides quilts to families who have lost their house due to fire.

Three homemakers put their sewing skills to the test and constructed seven fire quilts in which to be donated. This service is shared with community leaders to inform that families in need.



Delores Pinkerton & Barbara Jefferies present six quilts they have made

312

Number of hours KEHA members volunteered in COMMUNITY activities and events

3

Number of participants in the workshops who passed the Home-Based Microprocessor test

Due to limitations with group gatherings and field trips, we were not able to conduct an in-person camp. To still provide an environmental educational experience, Casey County 4-H applied and received a \$1,500 grant from TC Energy to provide 150 at-home educational kits for all 4th grade students in Casey County. The kits included a drawstring bag, canteen, and sets of materials and instructions for several activities: a marshmallow catapult, a living seed necklace, an owl pellet dissection, animal tracks and scat guide, a make your own bat mask, indoor/outdoor night hike, a toilet paper roll bird feeder, a balloon rocket, along with more outdoor adventure information.

Kits were delivered to the classrooms before school was dismissed for the summer. Several teachers utilized these activities with students in the classroom. A total of 137 4th grade students received the kits; remaining kits were given to community members.

## Agriculture and Natural Resources



Fresh produce on display at the Casey County Farmers Market

**10** Number of producers who were successful in marketing/selling food products

**2000** Number of participants gaining access to Extension programming at local farmer's markets

The Casey County Farmers Market grew to 10 vendors this year compared to 7 in 2020, the first year for the market. This is an excellent way for community members to get local healthy foods and for producers to be able to showcase and profit from their hard work.

The Farmers Market also provides an opportunity for the community to get to learn more about UK Extension and what Extension has to offer. The Casey County community loves coming out to support our farmers and that is demonstrated in the number that would show weekly with the largest day having over 90 consumers present.

## NUTRITION EDUCATION

Prior to the COVID-19 pandemic according to 2019 data from the Feeding America website, one in seven Kentuckians were food insecure and those aged 50-59 had the highest rate of food insecurity in the nation. During the pandemic, demand on food banks significantly increased as families faced layoffs and cutbacks at work. In response, during the 2020-2021 program year, 78% of SNAP-Ed and EFNEP Nutrition Education Program (NEP) Assistants reported partnering with local food banks to share recipes, newsletters and other materials and resources in food boxes. One SNAP-Ed Assistant reported delivering 100 Emergency Food Assistance cookbooks, 1,250 healthy and easy recipes, 300 Seasoned newsletters and 200 Healthy at Home newsletters to a local food pantry. A recipient said, "I was so happy to see recipes in my food box. Sometimes it's hard to think of ways to use some things you receive. These recipes will help me prepare healthier meals when feeding my family. Thank you." By partnering with food banks, NEP was able to reach hundreds of families throughout Kentucky.



# NOTHING IS OUT OF REACH.



Healthy Families. Healthy Homes. Healthy Communities.



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*... just a few ways Extension supports Kentucky*

- *23,971 Kentucky youth who participated in a project, activity or event in science, engineering and technology through 4-H programming.*
- *4,890 Kentucky producers adopting new technologies in agriculture production.*
- *3,399 Kentuckians who improved or maintained health from participating in gardening.*
- *3,898 Kentucky families who supplemented their diets with foods they grew or preserved.*
- *4,161 Kentuckians participating in community trail projects.*

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