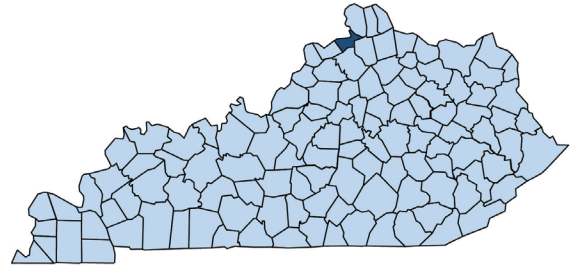


REPORT TO THE PEOPLE



Gallatin County 2021



DID YOU KNOW... Kentucky



Website: gallatin.ca.uky.edu



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395 US 42 West, Warsaw, KY 41095

Agriculture and Natural Resources



Extension volunteer Vic Rouse readies some chainsaws for trail work at Hartig Park.

55

Number of clients who advocated for agriculture and/or environmental issues locally

55

Number of people who increased knowledge on forest health, management and/or utilization

Family and Consumer Sciences

Due to COVID 19 restrictions, in-person Family and Consumer Science (FCS) programming was forced to be cancelled. As a result, Gallatin and Pendleton County FCS collaborated to host virtual cooking classes. Participants simply picked up bags containing program materials and recipe ingredients at their local office. On the appropriate day and time, they virtually logged into the class from the comfort of their own kitchens. In addition to those registered, several participated with a spouse or another member of the family.

During the program, we asked participants to use the camera on their phones or laptops. This offered agents a glance into the homes of participants and were able to help them learn. By hosting programs virtually, a new audience of younger clientele and male clientele was reached. Using a virtual platform is a relatively new type of learning. But because of the platform's popularity, it's likely here to stay!

Hartig Park and Wildlife Reserve is 530 acres of natural beauty. When the County Judge Executive first approached Extension to seek help in converting this piece of property into a functioning county park, one of the first things he said was, "Of course, we don't have much money". And that's when we'd need lots of volunteers. Gallatin Extension sought out interested people from all across the county. At first, only a few answered the calling. But as the park became more popular, other folks (from as far away as Cincinnati, OH) have called to find out how they could help. Our local Boy and Girl Scouts have completed some great projects at the park as well. Volunteers have contributed over 2,250 hours of their time to Hartig Park. Using the current national value of volunteer hours, this equates to nearly \$65,000! Many of these fine folks have become much more than just volunteers; they have bought into the park's mission!



A computer screenshot of several of those learning to cook.

40

Number of individuals who adopted one or more practices to reduce food shopping costs (e.g. comparing prices, planning meals, making shopping lists)

40

Number of individuals who reported preparing more healthy home-cooked meals

4-H Youth Development



Henry Miller having fun while earning his 4-H Expressive Arts badge!

41

Number of youth who completed a state fair arts, photography, or other visual arts project

41

Number of youth who participated in project, activity, or event for science, engineering, and technology projects

NUTRITION EDUCATION

Prior to the COVID-19 pandemic according to 2019 data from the Feeding America website, one in seven Kentuckians were food insecure and those aged 50-59 had the highest rate of food insecurity in the nation. During the pandemic, demand on food banks significantly increased as families faced layoffs and cutbacks at work. In response, during the 2020-2021 program year, 78% of SNAP-Ed and EFNEP Nutrition Education Program (NEP) Assistants reported partnering with local food banks to share recipes, newsletters and other materials and resources in food boxes. One SNAP-Ed Assistant reported delivering 100 Emergency Food Assistance cookbooks, 1,250 healthy and easy recipes, 300 Seasoned newsletters and 200 Healthy at Home newsletters to a local food pantry. A recipient said, "I was so happy to see recipes in my food box. Sometimes it's hard to think of ways to use some things you receive. These recipes will help me prepare healthier meals when feeding my family. Thank you." By partnering with food banks, NEP was able to reach hundreds of families throughout Kentucky.

Due to concerns over COVID-19, our schools closed their doors and switched to virtual learning. But that did not mean Gallatin County 4-H stopped! We just had to figure out new ways to provide educational programs for the 4-Hers! So, we provided 4-H project grab bags. Weekly, over 100 bags were assembled and distributed. Project bag topics included science, games, nutrition, and natural resources. One child said it was like having Christmas every week because they never knew what was going to be in the bag. Gallatin 4-H also offered a 4-H Badge program.

The program was geared for youth of all grade levels. To participate, the kids had to enroll in 4-H. Afterwards, they received a packet which had links to earn badges. The badges included: cooking, art, recycling, exercise, communications, leadership, science, sewing, and photography. The program allowed children to explore new educational adventures from the comfort of their home.



NOTHING IS OUT OF REACH.



Healthy Families. Healthy Homes. Healthy Communities.



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... just a few ways Extension supports Kentucky

- *23,971 Kentucky youth who participated in a project, activity or event in science, engineering and technology through 4-H programming.*
- *4,890 Kentucky producers adopting new technologies in agriculture production.*
- *3,399 Kentuckians who improved or maintained health from participating in gardening.*
- *3,898 Kentucky families who supplemented their diets with foods they grew or preserved.*
- *4,161 Kentuckians participating in community trail projects.*

COOPERATIVE EXTENSION



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