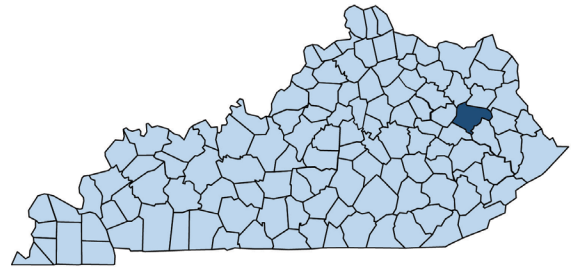


REPORT TO THE PEOPLE



Morgan County 2021



DID YOU KNOW... Over 2,500 educational packets and activity kits were distributed by Morgan County Extension in 2020



Website: <https://morgan.ca.uky.edu/>



Facebook: <https://www.facebook.com/Morgan.County.Cooperative.>

For More Information, Please Contact us at:

Morgan County Extension Office • 606.743.3292 • DL_CES_MORGAN@EMAIL.UKY.
EDU

4-H Youth Development



Team members proudly display their top ten placement at state competition!

167

Number of youth who demonstrated a skill that was learned or improved by participating in 4-H natural resource programming

650

Number of youth who have improved their communication skills by completing a 4-H speech, demonstration, or other public

Family and Consumer Sciences

Substance use prevention programming is critical to the prevention, delayed onset, and/or early identification of substance use. A Rural Opioid Technical Assistance grant secured by University of Kentucky Family and Consumer Sciences Extension program provided funding (\$1,600 in facilitator training and \$960 in program materials) to implement the acclaimed Botvin's Life Skills Training (LST) program to mitigate substance use at the Morgan County Middle School.

After two Morgan County Extension Agents and two community partners were trained, approximately 100 students participated in the 15 lesson program. On post-test surveys, 91% of Morgan County students who participated in the LST program reported that they would use a relaxation strategy to cope with stress, as opposed to engaging in deviant or unhealthy behavior.

Just like everything and everywhere else during the pandemic, the 4-H Livestock Skill-a-thon had to make some changes and adaptations in order for youth to compete in 2021. Once the date had been set for April of 2021, the Morgan County Livestock Leader and Agent scheduled weekly Zoom trainings with participants. Youth had the opportunity to attend 8 Zoom practices and meetings in order to prepare for the 4-H Livestock Skill-a-thon.

This event was huge for the Morgan County youth and for the 4-H program because this would be the first 4-H event they had traveled to in over a year! Even through the mask one could see the smiles and feel a slight sense of normalcy. Even though the leader and agent didn't feel as prepared as in past, the senior team still managed to come out in the overall top 10 teams in the state! They are already looking forward to next year's competition.



Life Skills Training - 6th Grade Botvin curriculum

Session I: Self-Image and Self-Improvement

Presented by:

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FAMILY AND CONSUMER SCIENCES

Building strong families. Building Kentucky. It starts with us.

A slide from the virtual learning presentation.

162

Number of individuals reporting improved knowledge, opinions, skills, or aspirations regarding the safe storage, handling, and

4603

Number of hours Morgan County KY Extension Homemakers members volunteered in community service activities/events

Agriculture and Natural Resources



Extension agent and specialists utilized FaceTime, drone coverage and social distancing to complete 50 farm visits safely.

325 Number of participants engaged in home and consumer horticulture programming

30000 Dollars saved/earned as a result of Extension Forestry programming or activity

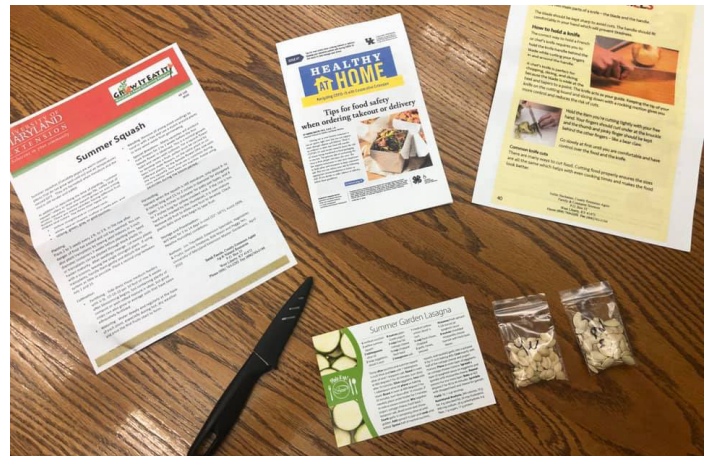
Nutrition Education

Much of Morgan County is known as a food desert. FCS agent and Wolfe County SNAP assistant collaborated with school Resource Centers to deliver summer school programming for youth to teach quick and easy snack ideas, promote KY Proud products, food safety, etiquette and life skills. From Kindergarten age to 8th grade, 167 students received guidance on hand washing, food safety/handling, choosing healthy and sometimes snack foods and the importance of incorporating fruits and dairy in their diet.

Middle school age youth learned how to make their own pizza, utilizing a KY Proud pizza mix from Weisenberger Mills and a Take it, Make it kit to prepare at home for themselves and/or family. Etiquette skills were practiced on how to eat pizza virtually. As a result students, teachers and parents reported an increased interest in healthy snack choices, more family time, and new skills in food safety and preparation.

Designated as an essential service during the COVID-19 pandemic, Extension provided crucial ag services while keeping participants and staff safe. The Morgan County Agriculture and Natural Resources (ANR) program retooled traditional delivery methods and adopted new technology to meet needs of farmers and forestry professionals resulting in the following outcomes:

- 125 farmers completed mandatory educational sessions for CAIP grant reimbursements totaling \$300,000.00
- 14 sawmill operators, timber cutters and log haulers obtained state mandated in person Master Logger continuing education hours to keep their businesses open
- 7 Farmers Market members safely sold their produce and accepted approximately \$12,500 in Senior, WIC and Double Dollar vouchers
- Services continued with 125 Soil samples, 75 hay samples, 28 weed identifications, 30 farm equipment checkouts, and monthly newsletters.



Examples of the many nutrition publications and resources available from the Extension Service.

120 Number of individuals who reported preparing more healthy home-cooked meals

366 Number of individuals who reported an increase in their fruit and/or vegetable consumption

NOTHING IS OUT OF REACH.



Healthy Families. Healthy Homes. Healthy Communities.



Website: extension.ca.uky.edu



Facebook: @UKCooperativeExtension



Twitter: @UKExtension



YouTube: @UKAgriculture

... just a few ways Extension supports Kentucky

- *23,971 Kentucky youth who participated in a project, activity or event in science, engineering and technology through 4-H programming.*
- *4,890 Kentucky producers adopting new technologies in agriculture production.*
- *3,399 Kentuckians who improved or maintained health from participating in gardening.*
- *3,898 Kentucky families who supplemented their diets with foods they grew or preserved.*
- *4,161 Kentuckians participating in community trail projects.*

COOPERATIVE EXTENSION



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