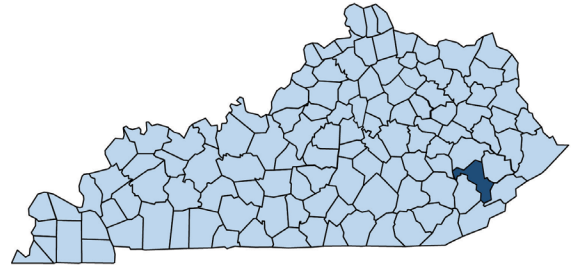


# REPORT TO THE PEOPLE



## Perry County 2021



**DID YOU KNOW...** Perry County Homemakers sewed 300 baby blankets to donate to the local hospital in 2021.



**Website:** <http://perry.ca.uky.edu/>



**Facebook:** Perry County Cooperative Extension Service

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**For More Information, Please Contact us at:**

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933 Perry Park Road, Hazard, KY 41701**

## Agriculture and Natural Resources



Master Logger WebTV Program

28

Number of clientele increasing agriculture awareness due to Extension Programming

60

Number of people who collected soil samples for testing

## Nutrition Education

Due to loss of income because of the pandemic, food insecurity was greatly increased in Perry County. USDA and Save the Children collaborated with the University of Kentucky College of Agriculture, Food, and Environment Cooperative Extension Service to provide the needed food for the county. Perry County Supplemental Nutrition Assistance Program Assistant provided recipes, proper hand-washing techniques, and nutrition education information in each food box. She also helped distribute over 8,000 USDA food boxes to families in Perry County.

After hearing the concerns from the participants on how to prepare the unfamiliar produce in the boxes, cooking videos on proper and nutritious ways to use the produce were created. These videos were placed on social media to teach the families ways to enjoy the delicious ingredients of their food boxes.

The Kentucky Master Logger WebTV Program was hosted by Perry County Extension Service and 30 additional Kentucky County Extension Offices spread throughout Kentucky to reduce drive time and travel for the logging workforce by providing relevant and timely information delivered close to home. All of the content was delivered live from the UK Forestry and Natural Resources Departments Webinar Studio housed in the Thomas Poe Cooper Building on Campus and streamed to Perry County and 30 other participating county offices.

Three-hundred and eighty Master Loggers were able to receive six hours of continuing education to maintain their Master Logger Designation. Feedback from the loggers indicated that this program was successful. One participant stated, "The content and segments were great, this was the best master logger program that I have attended in all my years of being a master logger." WebTV worked so well that we plan to utilize it more in the future.



USDA Food Boxes

19615

Number of individuals who reported they utilized delivery systems/access points (e.g. farmers' markets, CSAs, WIC, food pantries) that offer healthy foods

304

Number of individuals who reported eating 4-6 servings of fruits and/or vegetables daily



## 4-H Youth Development



Perry County 4-H'ers at Summer Camp 2021

92

Number of youth who demonstrated a skill that was learned or improved by participating in 4-H natural resource programming

20

Number of youth reached through volunteers conducting Extension programs and/or activities

## NUTRITION EDUCATION

Prior to the COVID-19 pandemic according to 2019 data from the Feeding America website, one in seven Kentuckians were food insecure and those aged 50-59 had the highest rate of food insecurity in the nation. During the pandemic, demand on food banks significantly increased as families faced layoffs and cutbacks at work. In response, during the 2020-2021 program year, 78% of SNAP-Ed and EFNEP Nutrition Education Program (NEP) Assistants reported partnering with local food banks to share recipes, newsletters and other materials and resources in food boxes. One SNAP-Ed Assistant reported delivering 100 Emergency Food Assistance cookbooks, 1,250 healthy and easy recipes, 300 Seasoned newsletters and 200 Healthy at Home newsletters to a local food pantry. A recipient said, "I was so happy to see recipes in my food box. Sometimes it's hard to think of ways to use some things you receive. These recipes will help me prepare healthier meals when feeding my family. Thank you." By partnering with food banks, NEP was able to reach hundreds of families throughout Kentucky.

One of the programs that was interrupted by the pandemic shutdown, was the county's 4-H Communications event. While the Talk Meet is held in the fall, the demonstration training had just gotten started when everything came to a standstill. Once it was verified that the state 4-H Communications event would be offered virtually, the county Talk Meet champions were contacted to see if they would video their speech at home and send a copy to be entered in the district competition.

One leader was anxious about those youth who had been so excited to participate for the first time in the demonstrations. In discussing this with her, we were able to arrange to work with these youth remotely by zoom and finish practicing and refining their demonstrations. These children were able to compete in the District 4-H Virtual Communications Talk Meet. All seven youth were named District Champions in their categories and one won State Championship.



# NOTHING IS OUT OF REACH.



Healthy Families. Healthy Homes. Healthy Communities.



**Website:** [extension.ca.uky.edu](http://extension.ca.uky.edu)



**Facebook:** @UKCooperativeExtension



**Twitter:** @UKExtension



**YouTube:** @UKAgriculture

*... just a few ways Extension supports Kentucky*

- *23,971 Kentucky youth who participated in a project, activity or event in science, engineering and technology through 4-H programming.*
- *4,890 Kentucky producers adopting new technologies in agriculture production.*
- *3,399 Kentuckians who improved or maintained health from participating in gardening.*
- *3,898 Kentucky families who supplemented their diets with foods they grew or preserved.*
- *4,161 Kentuckians participating in community trail projects.*

## COOPERATIVE EXTENSION



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